



GLUTEN FREE MENU

~ APPETIZERS ~

TRADITIONAL GUACAMOLE 8
carrot and celery sticks

MEXICALI DIP 8
spinach/jalapeño cheese/
soft corn tortillas

~ TACOS ~

2 per order, soft corn tortillas, avocado salsa, rice & beans

GROUND BEEF or SHREDDED CHICKEN 9
house seasonings/ lettuce/ tomato/ cheese

~ ENCHILADAS ~

BLACK BEAN 11
smoky black beans/ tomatillo sauce
Mexican cheeses

CHEESE 11
Mexican cheeses/ ranchero sauce

CHICKEN 13
slow roasted chicken/ Mexican cheeses/ salsa verde

~ CHEF'S SPECIALTIES ~

CHARRO CHICKEN 14
sautéed chicken breast/
chorizo charro beans/Mexican
cheeses

CHILE RELLENO 14
goat cheese stuffed poblano/
smoky black beans/ salsa roja

CAMARONES AL AJILLO 19
shrimp/ garlic/ cherry tomato/ Mexican oregano
olive oil/ arroz verde

~ DESSERT ~

FLAN
housemade sweet custard/toasted coconut/fresh fruit 7

This menu and the information on it is provided by Escondido as a service to our guests. It is based on product information provided by our approved food vendors. Every effort is made to keep this information current. Escondido assumes no responsibility for its use and any resulting liability or consequential damages is denied. Products containing gluten are produced in our kitchen. Guests are encouraged to consider this information in light of their individual requirements and needs.